

Breakfast & Lunch Menu

Newburgh Free Academy West Campus

	Monday	Tuesday	Wednesday	Thursday	Friday
				1 B: Turkey Bacon Egg & Cheese on a WG Flatbread Round H: General Tso's Chicken & Broccoli D: Ham & Cheese on a Club Roll S: Chicken Caesar Salad Steamed Brown Rice V: Broccoli	2 B: WG Apple Cinnamon Muffin w/ Cheese Stick Spring Jam! All Beef Hotdog w/ Assorted Toppings Corn on the Cob Baked Beans Watermelon Slices
	5 B: Benefit Bar H: Burger Bar w/ Assorted Toppings D: Chicken Wrap Made to Order S: Fiesta Chicken Salad V: Baked Sweet Potato Fries Steamed Carrots	6 B: Mini Cinnis H: Hot & Spicy Chicken on a Whole Wheat Bun D: Turkey Bacon Cheddar & Ranch Wrap S: Tuna Garden Salad V: Baked Oven Fries Fresh Cole Slaw	7 B: WG Banana Bread H: Beef Burrito w/ Choice of Toppings D: Chicken Wrap Made to Order S: Chef Salad V: Golden Corn Black Bean Salad	8 B: Sausage, Egg & Cheese on a WG English Muffin H: Chicken Mashed Potato Bowl Mini Biscuit D: Ham & Cheese on a Club Roll S: Chicken Caesar Salad V: Mashed Potatoes Golden Corn	9 B: WG Corn Mini Loaf w/ Cheese Stick H: Choice of Cheese or Pepperoni Pizza D: Chicken Wrap Made to Order S: Buffalo Chicken Salad V: Steamed Broccoli Garbanzo Bean Salad
	12 B: Cinnamon UBr H: Twisted Cheese Filled Breadsticks with Marinara Sauce D: Chicken Wrap Made to Order S: Fiesta Chicken Salad V: Steamed Broccoli	13	14	15	16
	Regents Exams				
	19	20	21	22	23
	Regents Exams				
	26				30

June 2017

Breakfast and Lunch is available to all students at No Cost!

B: Breakfast

A complete breakfast includes the Breakfast Entrée of the Day, 4oz of 100% Juice, a serving of Fruit, and 8oz of Milk

NFA WEST

Lunch Options Available Daily:

H: Hot Lunch of the Day

D: Deli Sandwich/Wrap of the Day

S: Salad of the Day

V: Vegetables of the Day

Offered Daily: Fresh Fruit, Canned Fruit in 100% Juice, Carrot Sticks, Romaine Garden Salad

Choice of Milk: 1%, Nonfat Chocolate, or Nonfat Strawberry