

Newburgh School Meal Programs Additional K-8 Menu Options 2025

ADDITIONAL ENTRÉE OPTIONS K-8

MONDAY

Bagel Kit! (WG Bagel with Cream Cheese, Yogurt, and String Cheese) Ham & Cheese on Whole Wheat Bread Buffalo Chicken Salad w/a Whole Wheat Dinner Roll Big Daddy's Buffalo Chicken Pizza (Gr. 6-8 Option)

TUESDAY

Pizza Kit! (WG Flatbread, Turkey Pepperoni, Mozzarella Cheese & Pizza Sauce) Turkey & Cheese on Whole Wheat Bread Breaded Chicken Ranch Wrap (**Gr. 6-8 Option**)

WEDNESDAY

Hummus Kit! (Hummus, Flatbread and either broccoli or carrots) Chipotle Chicken & Cheese on Whole Wheat Bread Chicken Wings w/ a WG Dinner Roll (Gr. 6-8 Option)

THURSDAY

Pizza Kit! (WG Flatbread, Turkey Pepperoni, Mozzarella Cheese & Pizza Sauce) Turkey & Cheese on Whole Wheat Bread Personal Deep-Dish Pizza (Gr. 6-8 Option)

FRIDAY

Yogurt Parfait (w/Nut Free Granola, Cheese Stick & Whole Grain Pretzels) Ham & Cheese on Whole Wheat Bread

EVERYDAY

Peanut Butter & Jelly on Whole Wheat Bread We offer Gluten-Free Sandwiches on request

FRESH FRUIT & VEGGIE BAR AVAILABLE DAILY

In addition to the Fruit & Vegetable of the Day, students will have a selection of Fresh Fruit, Carrot & Veggie Sticks, Canned Fruit & Dried Fruit available DAILY

A variety of Milk, including Skim, 1%, and Fat-Free Chocolate Milk are available at lunch DAILY.

Select your favorite Fruit and/or Veggie to complete their meal!

REMEMBER: Meals are provided to ALL Students At NO COST!

Parents, please encourage your children to eat school breakfast and lunch!

A well-balanced breakfast offers an important nutritional foundation for a productive and healthy day, at any age. School breakfast fosters success in the classroom, and helps children develop healthy eating habits.

Studies show that students who eat breakfast do better on standardized tests, pay attention and behave better in class, and are less frequently tardy, absent or sent to the nurse's office.

Nutrition and Allergen Information is available at <u>www.MealViewer.com</u>. Questions? Email us at <u>Djackson@necsd.net</u> or message us on Facebook @NewburghSchoolMeals

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