

# NEWBURGH GOLDBACKS™

## NFA MAIN AND NORTH CAMPUS LUNCH MENU

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Additional Options Available Daily:</b>                      Deli Bar Featuring Boar's Head Deli Meat – Choice of Wraps and Breads with Choice of Protein and Toppings                      Salsa Bar – Choice of Burrito, Rice Bowl, Tacos, or Salad with Choice of Protein and Toppings                      Fresh Fruit &amp; Vegetable Bar</p> <p>Choice of Milk: 1% or Nonfat Chocolate</p>		1 WINTER RECESS	5 All Beef Hotdog w/ Assorted Toppings Baked Fries Baked Beans Steamed Carrot Coins	6 Pizza Crunchers w/ Marinara Dipping Sauce Steamed Broccoli Florets
6 Chicken Mashed Potato Bowl Mini Biscuit Golden Corn	7 Grilled Cheese on Whole Wheat Bread Baked Fries Tomato Soup Steamed Green Beans	8 Buffalo Chicken Panini Baked Fries Steamed Carrot Coins	9 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins	10 Baked Mozzarella Sticks w/ Marinara Dipping Sauce Steamed Broccoli Florets
13 All White Meat Boneless Wings Baked Fries Dinner Roll Steamed Carrot Coins	14 Beef Cheesesteak Assorted Toppings Baked Fries Steamed Broccoli	15 Burger Bar! All Beef Burger w/ Assorted Toppings on a Whole Grain Roll Baked Fries Baked Beans Corn on the Cob	16 Beef or Black Bean Nachos with Assorted Toppings Steamed Brown Rice Golden Corn	17 Pizza Crunchers w/ Marinara Dipping Sauce Steamed Broccoli Florets
20 <b>Martin Luther King Jr. Day</b>  <b>No School</b>	21 REGENTS Breakfast: Cold options available Lunch: Assorted sandwiches available	22 REGENTS Breakfast: Cold options available Lunch: Assorted sandwiches available	23 REGENTS Breakfast: Cold options available Lunch: Assorted sandwiches available	24 REGENTS Breakfast: Cold options available Lunch: Assorted sandwiches available
27 Chicken Parm on a Roll Baked Fries Steamed Carrot Coins	28 General Tso's Chicken & Broccoli Steamed Brown Rice	29 <b>Lunar New Year</b>  <b>No School</b>	30 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins	31 Twisted Cheese Filled Breadsticks w/ Marinara Dipping Sauce Steamed Broccoli