

NEWBURGH GOLDBACKS™

NFA MAIN AND NORTH CAMPUS LUNCH MENU

October 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
		1	3	4	5
		Chicken Mashed Potato Bowl Mini Biscuit Golden Corn	Chicken Parm on a Roll Baked Fries Steamed Carrot Coins	No School	No School
	7	8	9	10	11
	All White Meat Chicken Tenders Belgian Waffle Baked Sweet Potato Fries Steamed Green Beans	All Beef Hotdog w/ Assorted Toppings Baked Fries Baked Beans Steamed Carrot Coins	Turkey Bacon Cheddar Ranch Panini Baked Fries Steamed Carrot Coins	Beef or Black Bean Nachos with Assorted Toppings Steamed Brown Rice Golden Corn	PIZZA BAR! Assorted Pizza Slices Steamed Broccoli
	14	15	16	17	18
	No School	Grilled Cheese on Whole Wheat Bread Baked Fries Tomato Soup Steamed Green Beans	Chicken & Vegetable Potstickers Veggie "Fried" Rice Steamed Broccoli	Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins	Baked Mozzarella Sticks w/ Marinara Dipping Sauce Steamed Broccoli Florets
	21	22	23	24	25
	All White Meat Boneless Wings Baked Fries Dinner Roll Steamed Carrot Coins	Burger Bar! All Beef Burger w/ Assorted Toppings on a Whole Grain Roll Baked Fries Baked Beans Corn on the Cob	Homemade Beef Meatball Parm Sub Baked Fries Steamed Broccoli	Breaded Chicken Drumstick Homemade Macaroni & Cheese Steamed Green Beans	PIZZA BAR! Assorted Pizza Slices Steamed Broccoli
	28	29	30	31	
	General Tso's Chicken & Broccoli Steamed Brown Rice	Beef Cheesesteak Assorted Toppings Baked Fries Steamed Broccoli	Buffalo Chicken Panini Baked Fries Steamed Carrot Coins	Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins	Additional Options Available Daily: Deli Bar Featuring Boar's Head Deli Meat – Choice of Wraps and Breads with Choice of Protein and Toppings Salsa Bar – Choice of Burrito, Rice Bowl, Tacos, or Salad with Choice of Protein and Toppings Fresh Fruit & Vegetable Bar