NEWBURGH ENLARGED CITY SCHOOL DISTRICT South Middle School

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Welcome!

Greetings SMS Families!

We hope that you and your family are doing well! We are now in October and even more excited to have our incoming 6th grade class return to the building. We have been preparing the building, setting protocols and procedures, and eagerly awaiting the students! We miss your kids so much! The lunch room is quiet, the halls are empty, and we miss going into the classrooms to see the students learning with our amazing staff. We can't wait to see all the students in the building, but until then, Just let your children know, they belong here, we want them here, and we love them!

Please review the family guide and manuals on the district website in regards to academics, tech assistance and updated information.









Some important resources to use:

REMINDER:

School starts at 7 AM -6th grade arrival starts at 6:50, dismissal for walkers and pick-ups at 2:15

On Wednesday - it is a virtual day, make sure the students go in to every assigned class and complete the google form

SMS Welcome Presentation and Video

Technology assistance is available through the district help desk: <u>Use</u> <u>this link to get help!</u>

Add us on Social Media!

Picture Day - TBD

What is SEL?

Social and emotional learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

A systemic, schoolwide approach to SEL intentionally cultivates a caring, participatory, and equitable learning environment and evidence-based practices that actively involve all students in their social, emotional, and academic growth. This approach requires a coordinated strategy across classrooms, schools, homes, and communities.

The goal is to prepare students for long-term success in life and to become responsible, caring citizens in our multicultural society.

Questions we want students to think about based on each SEL competency:

• Self Awareness

"What are you good at in this class and how do you know you are good at it?" "When you don't understand something in this class, what do you do?"

Self Management

"How do you move toward your goal, especially when you lose focus or are stuck or stressed?"

Social Awareness
"When you are working in a group how do you make sure it is fair for everyone?"

• **Relationship skills** "What do you do so that your classmates and teacher have heard and understand your ideas/what you are saying?"

• **Responsible decision making** "When you are working with others, how do you make a decision?"

How will we help them at South Middle School?

Teachers will implement SEL lessons during class instruction

Resources that everyone can use:

Growth-Mindset-Poster.jpg

Rest, Reflect, Reset:

- Journaling to express feelings and write positive affirmations
- Physical activity
- Meditation (Quick 5-minute options)

https://youtu.be/i50ZAs7v9es https://youtu.be/L1QOh-n-eus





The safety and welfare of our students and staff are our highest priority at SMS. Your student will participate in several safety drills, as part of our comprehensive safety plan, during the year. The goal of practicing the drills is to help our students feel safe at school and to know what to do should an emergency arise. We are sharing this information with you to discuss the importance of safety drills with your student.

If you have any questions about any of our safety procedures, please don't hesitate to contact us at 845.563-7000



