



# NECSD K-8 Breakfast & Lunch Menu

# OCTOBER 2024

<p><b>Avast, me hearties!</b></p> <p><b>We arrrgh celebrating National School Lunch Week October 14-18</b></p>	<p><b>1</b></p> <p><b>Breakfast:</b> Honey Cheerios Big Bowl 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> All Beef Hotdog on a Whole Wheat Roll Vegetarian Baked Beans Corn on the Cob Choice of Milk</p>	<p><b>2</b></p> <p><b>Breakfast:</b> WG Blueberry Bread 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Homemade Pepperoni &amp; Cheese French Bread Garlic Parmesan Zucchini Rosy Applesauce Choice of Milk</p>	<p><b>3</b></p> <p>No School</p> 	<p><b>4</b></p> <p>No School</p> 
<p><b>7</b></p> <p><b>Breakfast:</b> Cinnamon UBR 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Mini Chicken Corn Dogs Whole Wheat Dinner Roll Baked Fries Steamed Green Beans Choice of Milk</p>	<p><b>8</b></p> <p><b>Breakfast:</b> WG Confetti Pancakes 100% Juice/Fruit Choice of Milk</p> <p><b>BRUNCH for Lunch:</b> Cinnamon French Toast Sticks w/ Warm Blueberry Sauce Chicken Sausage Patty Oven Roasted Potatoes Mini Yogurt Parfait Choice of Milk</p>	<p><b>9</b></p> <p><b>Breakfast:</b> WG Pumpkin Bread 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Italian Combo Sandwich Pasta Salad Carrot Sticks w/ Ranch Dressing Choice of Milk</p>	<p><b>10</b></p> <p><b>Breakfast:</b> Pancake Sausage on a Stick 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Beef or Black Bean Nachos w/ Assorted Toppings Steamed Corn Steamed Brown Rice NYS Apples Choice of Milk</p> 	<p><b>11</b></p> <p><b>Breakfast:</b> WG Apple Cinnamon Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Homemade Cheese Pizza Tossed Romaine Salad Chilled Applesauce Choice of Milk</p>
<p><b>14</b></p>  <p><b>SCHOOL LUNCH PIRATES</b> <b>FIND YOUR TREASURE!</b> OCTOBER 14-18, 2024</p> <p>Columbus/Indigenous Day No School</p>	<p><b>15</b></p> <p><b>Breakfast:</b> Walk the Plank WG PopTart Honey Roasted Sunflower Seeds 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Chicken Mashed Potato Boat WG Mini Biscuit Steamed Green Beans Choice of Milk</p>	<p><b>16</b></p> <p><b>Breakfast:</b> WG Banana Bread 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Twisted Peg Leg Breadsticks w/ Marinara Steamed Green Beans Chilled Applesauce Choice of Milk</p>	<p><b>17</b></p> <p><b>Breakfast:</b> Egg &amp; Chicken Sausage on an English Muffin 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> First Mate Sloppy Joe on WW Roll Steamed Pirate Carrot Coins Baked Fries Choice of Milk</p>	<p><b>18</b></p> <p><b>Breakfast:</b> WG Banana Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Homemade Cheese Pizza Fresh Broccoli Salad Bounty Chocolate Hummus w/ Apple Slices Choice of Milk</p>
<p><b>21</b></p> <p><b>Breakfast:</b> Zee Zee's B-day Cake Bar Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Golden Chicken Tenders w/ an Emoji Waffle Baked Fries Steamed Carrot Coins Choice of Milk</p>	<p><b>22</b></p> <p><b>Breakfast:</b> Cinnamon French Toast Sticks 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> BBQ Chicken &amp; Cheese Sliders Baked Sweet Potato Fries Steamed Carrot Coins Choice of Milk</p>	<p><b>23</b></p> <p><b>Breakfast:</b> WG Blueberry Bread 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Golden Breaded Chicken Drumstick Homemade Mac &amp; Cheese Steamed Broccoli Choice of Milk</p>	<p><b>24</b></p> <p><b>Breakfast:</b> WG Bagel with Cream Cheese 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Chicken Taco Scoops w/ Assorted Toppings "Refried" Beans Steamed Brown Rice Steamed Corn Choice of Milk</p>	<p><b>25</b></p> <p><b>Breakfast:</b> WG Blueberry Muffin Mozzarella Cheese Stick 100% Juice Choice of Milk</p> <p><b>Lunch:</b> Homemade Cheese Pizza Fresh Spinach Salad Chilled Applesauce Choice of Milk</p>
<p><b>28</b></p> <p><b>Breakfast:</b> Cinnamon Toast Crunch Big Bowl 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Boneless Chicken Wings w/a WG Dinner Roll Whipped Sweet Potatoes Steamed Green Beans Choice of Milk</p>	<p><b>29</b></p> <p><b>Breakfast:</b> WG Mini Maple Waffles 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Grilled Cheese on WW Bread Homemade Chicken Noodle Soup Steamed Broccoli Rosy Applesauce Choice of Milk</p>	<p><b>30</b></p> <p><b>Breakfast:</b> WG Pumpkin Bread 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Golden Chicken Filet on a Whole Wheat Roll w/ Lettuce &amp; Tomato Baked Oven Fries Steamed Carrot Coins Choice of Milk</p>	<p><b>31</b></p> <p><b>Breakfast:</b> WG Confetti Pancakes 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Homemade Meat Sauce over Whole Grain Pasta WG Garlic Bread Garlic Parmesan Zucchini Eeeek Frozen Fruit Cup Choice of Milk</p> 	<p><b>Boar's Head Brand Deli Meats used for all Sandwiches!</b></p>

Meals are provided to ALL Students at NO Cost!