

NEWBURGH GOLDBACKS

NFA MAIN AND NORTH CAMPUS LUNCH MENU

Additional Options Available Daily:

Deli Bar Featuring Boars Head Deli Meat-Choice of Wraps and Breads with choice of Protein and Toppings

Salad Bar-Choice of Burrito, Rice Bowls, Tacos, or Salad with Choice Protein and Toppings

Fresh Fruit & Vegetable Bar with Choice of Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			4 Lunch: All Beef Frankfurter on a Whole Wheat Bun Oven Baked Fries BBQ Vegetarian Beans Carrots Choice of Fruit Choice of Milk	5 Lunch: Baked Mazzarella Sticks Marinara Sauce Steamed Green Beans Choice of Fruit Choice of Milk
8 Lunch: Chicken Tenders Belgium Waffle Sweet Potato Fries Steamed Green Beans Choice of Fruit Choice of Milk	9 Lunch: Cheeseburger on a Whole Wheat Bun French Fries Steamed Corn Baked Vegetarian Beans Choice of Fruit Choice of Milk	10 Lunch: Chicken Parm Sandwich French Fries Steamed Carrots Choice of Fruit Choice of Milk	11 Lunch: Soft Beef Taco with Assorted Toppings Steamed Corn Choice of Fruit Choice of Milk	12 Lunch: Pizza Bar Steamed Broccoli Choice of Fruit Choice of Milk
15 Lunch: General Tso's Chicken Brown Rice Steamed Broccoli Choice of Fruit Choice of Milk	16 Lunch: Grilled Cheese Sandwich Steamed Broccoli Steamed Carrots Choice of Fruit Choice of Milk	17 Lunch: Turkey, Bacon, Cheddar and Ranch Panini Sweet Potato Fries Steamed Carrots Choice of Fruit Choice of Milk	18 Lunch: Chicken Wing Bar Garlic Bread Mashed Potatoes Steamed Carrots Choice of Fruit Choice of Milk	19 Lunch: Twisted Cheese Sticks Marinara Sauce Steamed Green Beans Choice of Fruit Choice of Milk
22 Lunch: Mashed Potato bowl Mashed Potatoes Gravy Steamed Corn Choice of Fruit Choice of Milk	23 Schools Closed Rosh Hashannah	24 Schools Closed Rosh Hashannah	25 Lunch: Chicken Drumstick Macaroni and Cheese Steamed Broccoli Choice of Fruit Choice of Milk	26 Lunch: Pizza Bar Steamed Green Beans Choice of Fruit Choice of Milk
	30 Lunch: All Beef Frankfurter on a Whole Wheat Bun Baked French Fries Baked Vegetarian Beans Steamed Carrots Choice of Fruit Choice of Milk			

A student who brings their lunch to school can choose a milk, a fruit / veggie, and one other item to participate in this Free Meal Program!

Newburgh is a Community Eligibility Provision District. That means meals are provided to ALL Students at NO Cost! Menu items are subject to change based on availability. *The USDA is an equal opportunity employer and provider.*