



OCTOBER 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menu subject to change without notice due to product availability.	<u>Brought Lunch from Home?</u> Get a <u>Sidekick!</u> to go with it Includes <u>Fruit, Veggie, & Milk</u> Free for all students		1 Yogurt & Fruit Parfait Nut Free Granola 100% Juice Choice of Fruit Choice of Milk Bosco Sticks Marinara Sauce Waffle Fries Salad Bar Choice of Fruit Choice of Milk	2 Assorted Scones 100% Juice Choice of Fruit Choice of Milk Chicken Alfredo with WG Pasta Garlic & Herb Seasoned Broccoli Salad Bar Choice of Fruit Choice of Milk
5 Pancake Bites 100% Juice Choice of Fruit Choice of Milk Boneless Wings Buffalo-Seasoned Waffle Fries Carrot Sticks Salad Bar Choice of Fruit Choice of Milk	6 Fruit Pocket or Cinnamon Roll 100% Juice Choice of Fruit Choice of Milk Grilled Cheese on WW Bread Tomato Soup Oven Baked French Fries Barbecue Seasoned Broccoli Salad Bar Choice of Fruit Choice of Milk	7 Breakfast Sandwich 100% Juice Choice of Fruit Choice of Milk Wing Bar (assorted flavors) WW Roll Spiral Fries Celery Sticks with Ranch Dip Salad Bar Choice of Fruit Choice of Milk	8 WG Cereal 100% Juice Choice of Fruit Choice of Milk Cheese Quesadilla Pozole De Frijol Southwest Seasoned Green Beans Salad Bar Choice of Fruit Choice of Milk	9 Belgian Waffle 100% Juice Choice of Fruit Choice of Milk Pizza Crunchers Sweet Potato Fries Salad Bar Choice of Fruit Choice of Milk
12 District Closed- Indigenous Peoples' Day/Columbus Day	13 WGR Muffin String Cheese 100% Juice Choice of Fruit Choice of Milk Meatball Parm on WW Sub Roll Garlic & Herb- Seasoned Broccoli Salad Bar Choice of Fruit Choice of Milk	14 Breakfast Sandwich 100% Juice Choice of Fruit Choice of Milk School Made Macaroni & Cheese Breaded Drumstick Caribbean Cabbage Salad Bar Choice of Fruit Choice of Milk	15 Cinnamon Ubr 100% Juice Choice of Fruit Choice of Milk Beef Empanada Brown Rice Spanish-Seasoned Black Beans & Corn Salad Bar Choice of Fruit Choice of Milk	16 Assorted Scones 100% Juice Choice of Fruit Choice of Milk Pizza Bar Carrot Sticks with Ranch Dip Salad Bar Choice of Fruit Choice of Milk
NATIONAL SCHOOL LUNCH WEEK				
19 Confetti Pancakes 100% Juice Choice of Fruit Choice of Milk Chicken & Vegetable Potstickers Vegetable Egg Roll Fried Brown Rice Steamed Mixed Vegetable Salad Bar Choice of Fruit Choice of Milk	20 WGR Muffin String Cheese 100% Juice Choice of Fruit Choice of Milk Buffalo Chicken Panini Sweet Potato Waffle Fries Ranch-Seasoned Green Beans Salad Bar Choice of Fruit Choice of Milk	21 Breakfast Sandwich 100% Juice Choice of Fruit Choice of Milk Wing Bar (assorted flavors) WW Roll Spiral Fries Celery Sticks with Ranch Dip Salad Bar Choice of Fruit Choice of Milk	22 WG Cereal/Snack Bar String Cheese 100% Juice Choice of Fruit Choice of Milk No Lunch Served	23 Mini Maple Waffle or Mini Cinni 100% Juice Choice of Fruit Choice of Milk Bosco Sticks Marinara Sauce Tater Tots Salad Bar Choice of Fruit Choice of Milk
26 French Toast Sticks 100% Juice Choice of Fruit Choice of Milk Chicken Tenders Sunrise Waffle Barbecue Seasoned Carrots Waffle Fries Salad Bar Choice of Fruit Choice of Milk	27 WGR Muffin String Cheese 100% Juice Choice of Fruit Choice of Milk Buffalo Chicken Stromboli Sweet Potato Fries Garlic and Herb Seasoned Green Beans Salad Bar Choice of Fruit Choice of Milk	28 Breakfast Sandwich 100% Juice Choice of Fruit Choice of Milk Beef or Black Bean Nacho Corn Tortilla Chips Brown Rice Southwest Seasoned Corn Salad Bar Choice of Fruit Choice of Milk	29 Low Fat Yogurt & Fruit Parfait Nut Free Granola 100% Juice Choice of Fruit Choice of Milk Baked Ziti WW Garlic Bread Garlic & Herb Seasoned Broccoli Salad Bar Choice of Fruit Choice of Milk	30 Assorted Scones 100% Juice Choice of Fruit Choice of Milk Pizza Crunchers Spiral Fries Salad Bar Choice of Fruit Choice of Milk

NFA MENU