## Newburgh Enlarged City School District PROCEDURE FOR FALL SPORTS CLEARANCE

\*Please note that Monday, August 13<sup>th</sup> is the start date for all high school level sports. Thursday, September 6<sup>rd</sup> is the modified start date.

## TO OBTAIN YOUR YELLOW CLEARANCE SLIP:

Call the NFA Main Campus Health Office (563-5471) after <u>July 16, 2018</u> to ensure your health record will be on site. Then you must drop off or fax (563-5468) the appropriate forms to the NFA Health Office. If you drop off the forms, you will be given the date to pick up your clearance. If you fax the form you must call to inquire when the clearance slip will be available.

In order to get your sports clearance you must have a Health History form and a current Physical Examination Form.

Sports Clearance Location: NFA Main Campus Health Office

Dates: July 16th through August 17<sup>th</sup>

Time: 8:30 AM – 1:00 PM

## PHYSICAL EXAMS

- \* A physical exam is good for one year from the date it was completed and remains so until the last day of the month in which it was given. For JV and Varsity sports, physicals are good from August 2017 through August 2018. For modified sports, physicals are good from September 2017 through September 2018
- \* PHYSICALS MUST INCLUDE: BLOOD PRESSURE, PULSE, VISION, HEARING, URINE DIP RESULTS, and BMI on the PHYSICAL FORM.