



NECSD K-8 Breakfast & Lunch Menu

DECEMBER 2022

			<p>Breakfast: Sausage, Egg, & Cheese Uncrustable 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Crunchy Beef Tacos w/ Assorted Toppings Steamed Brown Rice Steamed Carrot Coins Choice of Milk</p>	<p>Breakfast: WG Banana Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Spinach Salad Chocolate Hummus w/ Apple Slices Choice of Milk</p>
<p>Breakfast: Zee Zee's Grahams Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Mini Chicken Corn Dogs Whole Wheat Dinner Roll Baked Sweet Potato Fries Steamed Green Beans Choice of Milk</p>	<p>Breakfast: Pancake Sausage on a Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Grilled Cheese on Whole Wheat Bread Homemade Lentil Soup Steamed Broccoli Choice of Milk</p>	<p>Breakfast: WG Blueberry Bread 100% Juice/Fruit Choice of Milk</p> <p>BRUNCH for Lunch: Cinnamon French Toast Sticks w/ Warm Strawberry Sauce Turkey Sausage Patty Oven Roasted Potatoes Mini Yogurt Parfait Choice of Milk</p>	<p>Breakfast: Big Bowl of Honey Cheerios 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Beef or Black Bean Nachos w/ Assorted Toppings Steamed Corn Steamed Brown Rice Choice of Milk</p>	<p>Breakfast: WG Mini Corn Loaf Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Broccoli Salad Homemade Pear Crisp Choice of Milk</p>
<p>Breakfast: Nut-Free Granola Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Golden Chicken Tenders w/ an Emoji Waffle Baked Fries Steamed Carrot Coins Choice of Milk</p>	<p>Breakfast: Cinnamon French Toast Sticks 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Golden Fish Sticks w/ a Whole Wheat Dinner Roll Baked Sweet Potato Fries Black Bean & Corn Salad Choice of Milk</p>	<p>Breakfast: WG Banana Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Choice of Buffalo or Cheesy Ranch Chicken Dip WG Pita Chips Fresh Carrot & Celery Sticks Steamed Broccoli Choice of Milk</p>	<p>Breakfast: Egg & Cheese on a WG English Muffin 100% Juice/Fruit Choice of Milk</p> <p>Lunch: All Beef Hotdog on a Whole Wheat Roll Baked Fries Steamed Carrot Coins Choice of Milk</p>	<p>Breakfast: WG Apple Cinnamon Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Spinach Salad White Bean Salad Chilled Peaches Choice of Milk</p>
<p>Breakfast: Zee Zee's B-day Cake Bar Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Chicken Mashed Potato Bowl WG Mini Biscuit Steamed Green Beans Choice of Milk</p>	<p>Breakfast: Maple Belgian Waffle 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Chicken Parmesan Stromboli Steamed Broccoli White Bean Salad Chilled Diced Pears Choice of Milk</p>	<p>Breakfast: WG Pumpkin Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Golden Breaded Chicken Drumstick Homemade Mac & Cheese Steamed Broccoli Choice of Milk</p>	<p>Breakfast: WG Bagel with Cream Cheese 100% Juice/Fruit Choice of Milk</p> <p>Lunch: New!! Beefy Chopped Cheese Sandwich on WG Bread Baked Fries Steamed Carrot Coins Choice of Milk</p>	<p>Breakfast: WG Blueberry Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Cucumber Dill Salad Chilled Applesauce Choice of Milk</p>

New for the 2022/2023 School Year!!
Boar's Head Brand Deli Meats used for all Sandwiches!

See Menu Back for Additions the Daily Alternate Meal Menu.

**Menu subject to change based on supply chain issues

Meals are provided to ALL Students at NO Cost!

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