



NECSD K-8 Breakfast & Lunch Menu

JANUARY 2022

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| <p>Breakfast: BIG Bowl of Cereal 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Golden Chicken Tenders w/ a WG Dinner Roll Baked Sweet Potato Fries Steamed Green Beans Choice of Milk</p> | <p>Breakfast: WG Bagel with Cream Cheese 100% Juice/Fruit Choice of Milk</p> <p>Lunch: All Beef Hotdog on a Whole Wheat Roll Oven Baked Fries Steamed Carrot Coins Vegetarian Baked Beans Choice of Milk</p> | <p>Breakfast: WG Banana Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Golden Breaded Chicken Drumstick Homemade Mac & Cheese Steamed Broccoli Choice of Milk</p> | <p>Breakfast: Mini Confetti Pancakes 100% Juice/Fruit Choice of Milk</p> <p>Lunch: NEW! Chicken Parm Sliders Baked Sweet Potato Fries Steamed Green Beans Choice of Milk</p> | <p>Breakfast: WG Banana Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Cucumber Dill Salad Chilled Applesauce Choice of Milk</p> |
| <p>Breakfast: Zee Zee's Grahams Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Golden Chicken Filet on a Whole Wheat Roll Baked Oven Fries Steamed Carrot Coins Choice of Milk</p> | <p>Breakfast: Maple Belgian Waffle 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Pepperoni French Bread Pizza Steamed Broccoli Chilled Diced Pears Choice of Milk</p> | <p>Breakfast: WG Pumpkin Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Baked Ziti w/ a Twisted Cheese Filled Breadstick Steamed Green Beans Choice of Milk</p> | <p>Breakfast: Chicken on a Biscuit 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Beef or Black Bean Nachos w/ Assorted Toppings Steamed Corn Steamed Brown Rice Choice of Milk</p> | <p>Breakfast: WG Apple Cinnamon Muffin Mozzarella Cheese Stick 100% Juice 1% Milk</p> <p>Lunch: Homemade Cheese Pizza Tossed Romaine Salad Chocolate Hummus w/ Apple Slices Choice of Milk</p> |
| <p>17</p> <p>Martin Luther King Jr. Day</p> <p>No School</p> | <p>Breakfast: Cinnamon UBR 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Mini Chicken Corndogs Oven Baked Fries Vegetarian Baked Beans Choice of Milk</p> | <p>Breakfast: WG Lemon Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Chicken & Cheese Quesadilla w/ Assorted Toppings Steamed Golden Corn Choice of Milk</p> | <p>Breakfast: Pancake Sausage on a Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Beef Sloppy Joe on a Whole Wheat Roll Oven Baked Fries Steamed Green Beans Choice of Milk</p> | <p>Breakfast: WG Blueberry Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Carrot Raisin Salad Chilled Cinnamon Pears Choice of Milk</p> |
| <p>Breakfast: Emoji Grahams Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Chicken Mashed Potato Bowl WG Mini Biscuit Steamed Green Beans Choice of Milk</p> | <p>Breakfast: Egg & Cheese Taquito 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Grilled Cheese on Whole Wheat Bread Homemade Lentil Soup Steamed Broccoli Choice of Milk</p> | <p>Breakfast: WG Blueberry Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Crunchy Chicken Tacos w/ Assorted Toppings Steamed Brown Rice Golden Corn Choice of Milk</p> | <p>Breakfast: Cinnamon French Toast 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Soft Beef Taco w/ Assorted Toppings Steamed Carrot Coins "Refried" Beans Choice of Milk</p> | <p>Breakfast: WG Mini Corn Loaf Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Broccoli Salad Homemade Pear Crisp Choice of Milk</p> |
| <p>31</p> <p>Breakfast: NEW! Strawberry Oat Bar Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Golden Chicken Tenders w/ an Emoji Waffle Baked Fries Steamed Carrot Coins Choice of Milk</p> | | | | |

Meals are provided to ALL Students at NO Cost!

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