

NECSD Pre-K Breakfast & Lunch Menu

JANUARY 2022

<p>3</p> <p>Breakfast: Cheerios Cereal Bowl Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Golden Tenders w/ a Mini Biscuit Baked Sweet Potato Fries Fresh Fruit 1% Milk</p>	<p>4</p> <p>Breakfast: WG Bagel w/Cream Cheese Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Grilled Cheese on Whole Wheat Bread Steamed Carrot Coins Chilled Peaches 1% Milk</p>	<p>5</p> <p>Breakfast: WG Banana Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Macaroni & Cheese Steamed Broccoli Chilled Diced Pears 1% Milk</p>	<p>6</p> <p>Breakfast: Mini Confetti Pancakes Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: NEW! Chicken Parm Slider Steamed Green Beans Fresh Fruit 1% Milk</p>	<p>7</p> <p>Breakfast: WG Banana Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Cucumber Dill Salad Chilled Applesauce 1% Milk</p>
<p>10</p> <p>Breakfast: Zee Zee's Grahams Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Golden Chicken Filet on a Whole Wheat Roll Steamed Carrot Coins Fresh Fruit 1% Milk</p>	<p>11</p> <p>Breakfast: Maple Belgian Waffle Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Pepperoni French Bread Pizza Fresh Broccoli Florets Chilled Peaches 1% Milk</p>	<p>12</p> <p>Breakfast: WG Pumpkin Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Baked Ziti Steamed Green Beans Chilled Diced Pears 1% Milk</p>	<p>13</p> <p>Breakfast: Chicken on a Biscuit Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Beef & Cheese Nachos Steamed Corn Steamed Brown Rice Fresh Fruit 1% Milk</p>	<p>14</p> <p>Breakfast: WG Apple Cinnamon Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Cheese Pizza Tossed Romaine Salad Apple Slices 1% Milk</p>
<p>17</p> <p>Martin Luther King Jr. Day</p> <p>No School</p>	<p>18</p> <p>Breakfast: Cinnamon UBR Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Golden Chicken Nuggets w/ a Mini Biscuit Oven Baked Fries Fresh Fruit 1% Milk</p>	<p>19</p> <p>Breakfast: WG Lemon Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Chicken & Cheese Quesadilla Steamed Golden Corn Fresh Fruit 1% Milk</p>	<p>20</p> <p>Breakfast: Turkey Sausage on a Biscuit Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Beef Sloppy Joe on a Whole Wheat Roll Steamed Green Beans Fresh Fruit 1% Milk</p>	<p>21</p> <p>Breakfast: WG Blueberry Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Carrot Raisin Salad Chilled Cinnamon Pears 1% Milk</p>
<p>24</p> <p>Breakfast: Emoji Grahams Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Popcorn Chicken w/ a WG Mini Biscuit Mashed Potatoes Steamed Corn Fresh Fruit 1% Milk</p>	<p>25</p> <p>Breakfast: Egg & Cheese Taquito Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Pizza Kit!! WG Flatbread w/ Marinara Sauce and Mozzarella Cheese Fresh Broccoli Florets Chilled Peaches 1% Milk</p>	<p>26</p> <p>Breakfast: WG Blueberry Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Crunchy Chicken Tacos Steamed Brown Rice Golden Corn Fresh Fruit 1% Milk</p>	<p>27</p> <p>Breakfast: Cinnamon French Toast Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Soft Beef & Cheese Taco Golden Corn Fresh Fruit 1% Milk</p>	<p>28</p> <p>Breakfast: WG Mini Corn Loaf Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Broccoli Salad Homemade Pear Crisp 1% Milk</p>
<p>31</p> <p>Breakfast: NEW! Strawberry Oat Bar Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Golden Chicken Tenders w/ an Emoji Waffle Steamed Carrot Coins Fresh Fruit 1% Milk</p>				

Meals are provided to all Pre-K Students at NO Cost!

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