



# NECSD K-8 Breakfast & Lunch Menu

# JUNE 2022

			1	2	3
			<b>Breakfast:</b> WG Lemon Bread 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Cheesy Garlic Flatbread Pizza Steamed Green Beans Cinnamon Peaches Choice of Milk	<b>Breakfast:</b> WG Bagel with Cream Cheese 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Beef or Black Bean Nachos w/ Assorted Toppings Steamed Corn Steamed Brown Rice Choice of Milk	<b>Breakfast:</b> WG Mini Corn Loaf Cheese Cubes 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Homemade Cheese Pizza Tossed Romaine Salad Homemade Chocolate Hummus w/ Apple Slices Choice of Milk
6	7	8	9	10	
<b>Breakfast:</b> Nut Free Granola Low fat Yogurt 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Golden Chicken Tenders w/ an Emoji Waffle Baked Fries Steamed Carrot Coins Rosy Pears Choice of Milk	<b>Breakfast:</b> Cinnamon French Toast 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Homemade Pepperoni & Cheese French Bread Pizza Fresh Spinach Salad Choice of Milk	<b>Breakfast:</b> Cinnamon UBR 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Twisted Cheese Breadsticks w/ Marinara Dipping Sauce Steamed Green Beans Choice of Milk	<b>Breakfast:</b> Chicken on a Biscuit 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Crunchy Beef Tacos w/ Assorted Toppings Steamed Brown Rice Steamed Corn "Refried" Beans Choice of Milk	<b>Breakfast:</b> WG Blueberry Muffin Cheese Cubes 100% Juice/Fruit Choice of Milk  <b>½ Day Bagged Lunch:</b> WG Pizzaboli Fresh Veggie Sticks Applesauce Cup Choice of Milk  <b>** See Note for Grades 7&amp;8</b>	
13	14	15	16	17	
<b>Breakfast:</b> Emoji Grahams Low fat Yogurt 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Golden Chicken Filet on a Whole Wheat Roll Baked Oven Fries White Bean Salad Steamed Carrot Coins Choice of Milk	<b>Breakfast:</b> Pancake Sausage on a Stick 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Sweet & Sour Chicken Vegetarian Fried Rice Steamed Broccoli Chilled Mixed Fruit Choice of Milk	<b>Breakfast:</b> WG Cereal Bowl Cheese Cubes 100% Juice/Fruit Choice of Milk  <b>BRUNCH for Lunch:</b> Cinnamon French Toast Sticks w/ Warm Blueberry Sauce Turkey Sausage Patty Oven Roasted Potatoes Mini Yogurt Parfait Choice of Milk  <b>** See Note for Grades 6-8</b>	<b>Breakfast:</b> Turkey Sausage on an English Muffin 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Homemade Cheese Pizza Fresh Cucumber Dill Salad Chilled Pears Choice of Milk	<b>Breakfast:</b> WG Mini Corn Loaf Cheese Cubes 100% Juice 1% Milk  <b>½ Day Bagged Lunch:</b> Pizza Kit! WG Flatbread w/ Shredded Mozzarella & Turkey Pepperoni Fresh Veggie Sticks Applesauce Cup Choice of Milk	
20	21	22	23	24	
<b>Juneteenth</b>  <b>No School</b>	<b>Breakfast:</b> WG Cereal Bar Low fat Yogurt 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> All Beef Hot Dog on a Whole Wheat Bun Corn on the Cob Fresh Watermelon Slice Luigi's Fruit Sorbet Choice of Milk	<b>Breakfast:</b> WG Lemon Bread 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Golden Breaded Chicken Drumstick Homemade Mac & Cheese Steamed Broccoli Choice of Milk	<b>Breakfast:</b> Cinnamon French Toast 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Chicken & Cheese Quesadilla Steamed Corn "Refried" Beans Chilled Peaches Choice of Milk	<b>Breakfast:</b> WG Muffin Cheese Cubes 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Homemade Cheese Pizza Fresh Carrot Raisin Salad Chilled Cinnamon Pears Choice of Milk	

### Middle School Menu Notes:

Friday June 10<sup>th</sup> is a ½ day for Grades PK-6  
 7<sup>th</sup> & 8<sup>th</sup> Graders will follow the following Lunch Menu:  
 Homemade Cheese Pizza OR Spicy Chicken on a WW Bun  
 Fresh Tossed Romaine Salad  
 Fresh Fruit & Veggie Bar  
 Choice of Milk

Wednesday June 15<sup>th</sup> is a ½ day for Grades 6-8  
 6<sup>th</sup>-8<sup>th</sup> Grade students will be able to pick up a Bagged Lunch:  
 Uncrustable PBJ Sandwich (\*Peanut Free Option Available)  
 Fresh Carrot Sticks  
 Applesauce Cup  
 Choice of Milk

## Meals are provided to ALL Students at NO Cost!