

# NECSD Pre-K Breakfast & Lunch Menu

# JUNE 2022

		<p><b>1</b></p> <p><b>Breakfast:</b> WG Lemon Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Grilled Cheese on Whole Wheat Bread Steamed Broccoli Chilled Peaches 1% Milk</p>	<p><b>2</b></p> <p><b>Breakfast:</b> WG Bagel w/Cream Cheese Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Beef &amp; Cheese Nachos Steamed Corn Steamed Brown Rice Fresh Fruit 1% Milk</p>	<p><b>3</b></p> <p><b>Breakfast:</b> WG Mini Corn Loaf Cheese Cubes Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Homemade Cheese Pizza Tossed Romaine Salad Fresh Apple Slices 1% Milk</p>
<p><b>6</b></p> <p><b>Breakfast:</b> Nut Free Granola Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Golden Chicken Tenders w/ an Emoji Waffle Steamed Carrot Coins Rosy Pears 1% Milk</p>	<p><b>7</b></p> <p><b>Breakfast:</b> Cinnamon French Toast Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Homemade Pepperoni French Bread Pizza Fresh Broccoli Florets Chilled Peaches 1% Milk</p>	<p><b>8</b></p> <p><b>Breakfast:</b> Cinnamon UBR Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Cheese Filled Breadstick w/ Marinara Dipping Sauce Steamed Green Beans Chilled Peaches 1% Milk</p>	<p><b>9</b></p> <p><b>Breakfast:</b> Chicken on a Biscuit Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Crunchy Chicken &amp; Cheese Tacos Steamed Brown Rice Golden Corn Fresh Fruit 1% Milk</p>	<p><b>10</b></p> <p><b>Breakfast:</b> WG Blueberry Muffin Cheese Cubes Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>½ Day Bagged Lunch:</b> WG Pizzaboli Fresh Veggie Sticks Applesauce Cup Choice of Milk</p>
<p><b>13</b></p> <p><b>Breakfast:</b> Emoji Grahams Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Golden Chicken Filet on a Whole Wheat Roll Steamed Carrot Coins Fresh Fruit 1% Milk</p>	<p><b>14</b></p> <p><b>Breakfast:</b> WG Bagel w/Cream Cheese Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Golden Chicken Nuggets w/ a Mini Biscuit Oven Baked Fries Fresh Fruit 1% Milk</p>	<p><b>15</b></p> <p><b>Breakfast:</b> WG Cereal Bowl Cheese Cubes Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>BRUNCH for Lunch:</b> Cinnamon French Toast Sticks Turkey Sausage Patty Oven Roasted Potatoes Warm Blueberries 1% Milk</p>	<p><b>16</b></p> <p><b>Breakfast:</b> Turkey Sausage on an English Muffin Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Homemade Cheese Pizza Fresh Cucumber Salad Chilled Pears 1% Milk</p>	<p><b>17</b></p> <p><b>Breakfast:</b> WG Mini Corn Loaf Cheese Cubes Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>½ Day Bagged Lunch:</b> Pizza Kit! WG Flatbread w/ Shredded Mozzarella &amp; Turkey Pepperoni Fresh Veggie Sticks Applesauce Cup Choice of Milk</p>
<p><b>20</b></p> <p><b>Juneteenth</b></p> <p><b>No School</b></p>	<p><b>21</b></p> <p><b>Breakfast:</b> Cheerios Cereal Bowl Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Hamburger on a Whole Wheat Bun Corn on the Cob Fresh Watermelon Slice 1% Milk</p>	<p><b>22</b></p> <p><b>Breakfast:</b> WG Lemon Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Homemade Macaroni &amp; Cheese Steamed Green Beans Chilled Diced Pears 1% Milk</p>	<p><b>23</b></p> <p><b>Breakfast:</b> Cinnamon French Toast Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Chicken &amp; Cheese Quesadilla Golden Corn Fresh Fruit 1% Milk</p>	<p><b>24</b></p> <p><b>Breakfast:</b> WG Muffin Cheese Cubes Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Homemade Cheese Pizza Fresh Carrot Raisin Salad Chilled Cinnamon Pears 1% Milk</p>

Meals are provided to all Pre-K Students at NO Cost!

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