



NECSD K-8 Breakfast & Lunch Menu

MARCH 2023



<p>New for the 2022/2023 School Year!! Boar's Head Brand Deli Meats used for all Sandwiches!</p> <p>See Menu Back for Additions the Daily Alternate Meal Menu.</p> <p><small>**Menu subject to change based on supply chain issues</small></p>		1	<p>Breakfast: WG Banana Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: All Beef Hotdog on a Whole Wheat Bun Baked Fries Baked Vegetarian Beans Steamed Carrot Coins Choice of Milk</p>	2	<p>Breakfast: WG Mini French Toast 100% Juice/Fruit Choice of Milk</p> <p>Lunch: "Green" Eggs and Ham on an English Muffin "Who" Hash Browns "Truffula Trees" w/ Dip "Barbaloots" Fruit "Fun is Good" Milk</p>	3	<p>Breakfast: WG Mini Corn Loaf Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Spinach Salad Chocolate Hummus w/ Apple Slices Choice of Milk</p>		
		6	<p>Breakfast: WG Emoji Grahams Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Mini Chicken Corn Dogs Whole Wheat Dinner Roll Baked Sweet Potato Fries Steamed Green Beans Choice of Milk</p>	7	<p>Breakfast: Pancake Sausage on a Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Chicken Parm Panini White Bean Salad Steamed Carrot Coins Choice of Milk</p>	8	<p>Breakfast: WG Blueberry Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Pepperoni & Cheese French Bread Pizza Steamed Broccoli Chilled Diced Pears Choice of Milk</p>	9	<p>Breakfast: Big Bowl of Honey Cheerios 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Beef or Black Bean Nachos w/ Assorted Toppings Steamed Corn Steamed Brown Rice Choice of Milk</p>
13	<p>Breakfast: Zee Zee's B-day Cake Grahams Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Golden Chicken Tenders w/ an Emoji Waffle Baked Fries Steamed Carrot Coins Choice of Milk</p>	14	<p>Breakfast: WG French Toast Sticks 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Grilled Cheese on Whole Wheat Bread Homemade Lentil Soup Steamed Broccoli Rosy Applesauce Choice of Milk</p>	15	<p>Breakfast: WG Pumpkin Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Golden Fish Sticks w/ a Whole Wheat Dinner Roll Baked Sweet Potato Fries Steamed Green Beans Choice of Milk</p>	16	<p>Breakfast: Chicken on a Biscuit 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Crunchy Beef Tacos w/ Assorted Toppings Steamed Brown Rice Steamed Corn Choice of Milk</p>	17	<p>Breakfast: Big Bowl WG Lucky Charms! 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Spinach Salad Chilled Peaches Choice of Milk</p>
20	<p>Breakfast: Nut-Free Granola Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Chicken Mashed Potato Bowl WG Mini Biscuit Steamed Green Beans Choice of Milk</p>	21	<p>Breakfast: WG Bagel w/ Cream Cheese 100% Juice/Fruit Choice of Milk</p> <p>BRUNCH for Lunch: Cinnamon French Toast Sticks w/ Warm Strawberry Sauce Turkey Sausage Patty Oven Roasted Potatoes Mini Yogurt Parfait Choice of Milk</p>	22	<p>Breakfast: WG Banana Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Twisted Cheese Filled Breadsticks w/ Marinara Steamed Broccoli White Bean Salad Choice of Milk</p>	23	<p>Breakfast: Chicken Sausage & Cheese on a WG English Muffin 100% Juice/Fruit Choice of Milk</p> <p>Lunch: All Beef Cheeseburger on a Whole Wheat Bun Fresh Lettuce & Tomato Baked Fries Steamed Carrot Coins Choice of Milk</p>	24	<p>Breakfast: WG Blueberry Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Cucumber Dill Salad Chilled Applesauce Choice of Milk</p>
27	<p>Breakfast: Zee Zee's B-day Cake Bar Low fat Yogurt 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Boneless Chicken Wings w/a WG Dinner Roll Whipped Sweet Potatoes Steamed Green Beans Choice of Milk</p>	28	<p>Breakfast: Maple Belgian Waffle 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Chicken Parmesan Stromboli Steamed Carrot Coins Chilled Diced Pears Choice of Milk</p>	29	<p>Breakfast: WG Blueberry Bread 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Chicken & Veggie Dumplings Veggie "Fried" Rice Steamed Broccoli Chilled Diced Pears Choice of Milk</p>	30	<p>Breakfast: WG Confetti Pancakes 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Golden Breaded Chicken Drumstick Homemade Mac & Cheese Steamed Broccoli Choice of Milk</p>	31	<p>Breakfast: WG Apple Cinnamon Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Fresh Spinach Salad Chocolate Hummus w/ Apple Slices Choice of Milk</p>

Meals are provided to ALL Students at NO Cost!