

NEWBURGH GOLDBACKS™

NFA MAIN AND NORTH CAMPUS LUNCH MENU

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Additional Options Available Daily: Deli Bar Featuring Boar's Head Deli Meat – Choice of Wraps and Breads with Choice of Protein and Toppings Salsa Bar – Choice of Burrito, Rice Bowl, Tacos, or Salad with Choice of Protein and Toppings Fresh Fruit & Vegetable Bar</p> <p>Choice of Milk: Skim, 1%, Nonfat Chocolate</p>		<p>1 Buffalo Chicken Panini Baked Fries Steamed Carrot Coins</p> <p>P: Chicken Parm on a Roll</p>	<p>2 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins</p> <p>P: Stuffed Pizza Special</p>	<p>3 Breaded Mozzarella Sticks w/ a Dinner Roll Steamed Green Beans</p> <p>P: Pizza</p>
<p>6 All White Meat Chicken Tenders Belgian Waffle Baked Sweet Potato Fries Steamed Carrot Coins</p> <p>P: Pizza</p>	<p>7 Burger Bar! All Beef Burgers Topped with your Choice of Cheese, Veggies, Toppings, and Sauces Baked Fries Vegetarian Baked Beans</p> <p>P: Flatbread Pizza</p>	<p>8 Turkey Bacon Cheddar Ranch Panini Baked Fries Steamed Carrot Coins</p> <p>P: Chicken Parm on a Roll</p>	<p>9 Ramen Noodle Bar! Choice of Protein, Veggies, and Sauces Served with a Veggie Egg Roll</p> <p>P: Stuffed Pizza Special</p>	<p>10 Chicken Parm Sliders on Garlic Rolls Baked Sweet Potato Wedges Steamed Green Beans</p> <p>P: Pizza</p>
<p>13 Chicken & Vegetable Potstickers Veggie "Fried" Rice Steamed Broccoli</p> <p>P: Pizza</p>	<p>14 Baked Potato Bar Choice of White or Sweet Potato Choice of Beef Taco Meat, Pulled Pork, Black Beans, Cheese, and Broccoli Whole Wheat Dinner Roll</p> <p>P: Flatbread Pizza</p>	<p>15 Italian Combo Panini Baked Fries Steamed Green Beans</p> <p>P: Chicken Parm on a Roll</p>	<p>16 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins</p> <p>P: Stuffed Pizza Special</p>	<p>17 Homemade Stromboli Bar! Choose from Buffalo Chicken, Chicken Broccoli Cheddar, or Pepperoni & Cheese Steamed Green Beans</p> <p>P: Pizza</p>
<p>20 Chicken Mashed Potato Bowl Mini Biscuit Golden Corn</p> <p>P: Pizza</p>	<p>21 Cheesesteak Bar! Choice of Beef or Chicken with Assorted Toppings Baked Fries Steamed Broccoli</p> <p>P: Flatbread Pizza</p>	<p>22 Mozzarella Tomato Basil Panini Baked Fries Steamed Carrot Coins</p> <p>P: Chicken Parm on a Roll</p>	<p>23 Breaded Chicken Drumstick Homemade Macaroni & Cheese Steamed Broccoli</p> <p>P: Stuffed Pizza Special</p>	<p>24 Twisted Cheese Filled Breadsticks w/ Marinara Dipping Sauce Steamed Green Beans</p> <p>P: Pizza</p>
<p>27 General Tso's Chicken & Broccoli Steamed Brown Rice</p> <p>P: Pizza</p>	<p>28 Grilled Cheese on Whole Wheat Bread Baked Fries Tomato Soup Steamed Green Beans</p> <p>P: Flatbread Pizza</p>	<p>29 Buffalo Chicken Panini Baked Fries Steamed Carrot Coins</p> <p>P: Chicken Parm on a Roll</p>	<p>30 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins</p> <p>P: Stuffed Pizza Special</p>	<p>31 Lasagna Roll Up Bar WG Garlic Bread Steamed Broccoli</p> <p>P: Pizza</p>