

# NEWBURGH GOLDBACKS™

## NFA MAIN AND NORTH CAMPUS LUNCH MENU

**November 2022**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breaded Chicken Drumstick Homemade Macaroni & Cheese Steamed Broccoli  P: Flatbread Pizza	2 Italian Combo Panini Baked Fries Steamed Carrot Coins  P: Chicken Parm on a Roll	3 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins  P: Pizza	4 Baked Mozzarella Sticks w/ Marinara Dipping Sauce Whole Wheat Dinner Roll Steamed Green Beans  P: Pizza
7 All White Meat Chicken Tenders Belgian Waffle Baked Sweet Potato Fries Steamed Green Beans  P: Pizza	8 Superintendent's Conference Day  No School For Students	9 Mozzarella Tomato Basil Panini Baked Fries Steamed Carrot Coins  P: Chicken Parm on a Roll	10 Roasted Turkey & Gravy Homemade Stuffing Mashed Potatoes Steamed Green Beans Homemade Apple Crisp  P: Stuffed Pizza Special	11 Veteran's Day  No School
14 Chicken Mashed Potato Bowl Mini Biscuit Golden Corn  P: Pizza	15 Grilled Cheese on Whole Wheat Bread Baked Fries Tomato Soup Steamed Green Beans  P: Flatbread Pizza	16 Buffalo Chicken Panini Baked Fries Steamed Carrot Coins  P: Chicken Parm on a Roll	17 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Broccoli  P: Stuffed Pizza Special	18 Homemade Stromboli Bar! Choose from Buffalo Chicken, Chicken Broccoli Cheddar, or Pepperoni & Cheese Steamed Green Beans  P: Pizza
21 Siracha Boneless Wings Whole Wheat Dinner Roll Mashed Potatoes Steamed Green Beans  P: Pizza	22 Pulled Pork on a Hard Roll Baked Fries Baked Beans Steamed Carrot Coins  P: Flatbread Pizza	23 Superintendent's Conference Day  No School For Students	24 <div style="border: 2px solid orange; padding: 5px; text-align: center;">Thanksgiving Recess</div>	25 <div style="border: 2px solid orange; padding: 5px; text-align: center;">Thanksgiving Recess</div>
28 General Tso's Chicken Steamed Brown Rice Steamed Broccoli  P: Pizza	29 Golden Fish Sticks Whole Wheat Dinner Roll Baked Sweet Potato Wedges Homemade Coleslaw  P: Pizza	30 Turkey, Bacon, Cheddar, & Ranch Panini Baked Fries Steamed Carrot Coins  P: Chicken Parm on a Roll	<p><b>Additional Options Available Daily:</b></p> <p>Deli Bar Featuring Boar's Head Deli Meat – Choice of Wraps and Breads with Choice of Protein and Toppings</p> <p>Salsa Bar – Choice of Burrito, Rice Bowl, Tacos, or Salad with Choice of Protein and Toppings</p> <p>Fresh Fruit &amp; Vegetable Bar</p> <p>Choice of Milk: 1%, Nonfat Chocolate, or Nonfat Strawberry</p>	