

NECSD Pre-K Breakfast & Lunch Menu

NOVEMBER 2022

	<p>Breakfast: WG Berry Scone Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: All White Meat Chicken Nuggets w/ a Whole Wheat Dinner Roll Baked Sweet Potato Fries Chilled Applesauce Cup 1% Milk</p>	<p>Breakfast: WG Pumpkin Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Pepperoni & Cheese French Bread Steamed Broccoli Fresh Fruit 1% Milk</p>	<p>Breakfast: Cheerios Bowl w/a Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Crunchy Beef Tacos Steamed Brown Rice Steamed Carrot Coins Fresh Fruit 1% Milk</p>	<p>Breakfast: WG Apple Cinnamon Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk</p> <p>Lunch: Homemade Cheese Pizza Tossed Romaine Salad Chilled Cinnamon Pears 1% Milk</p>
<p>Breakfast: Zee Zee's Grahams Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Grilled Chicken Filet on a Whole Wheat Bun Steamed Green Beans Fresh Fruit 1% Milk</p>	<p>Superintendent's Conference Day</p> <p>No School For Students</p>	<p>Breakfast: WG Blueberry Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>BRUNCH for Lunch: Cinnamon French Toast Sticks Turkey Sausage Patty Oven Roasted Potatoes Warm Blueberries 1% Milk</p>	<p>Breakfast: Chicken on a Biscuit Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Beef & Cheese Nachos Steamed Corn Steamed Brown Rice Fresh Fruit 1% Milk</p>	<p>Veteran's Day</p> <p>No School</p>
<p>Breakfast: Nut-Free Granola Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Golden Chicken Tender w/ an Emoji Waffle Steamed Carrot Coins Fresh Fruit 1% Milk</p>	<p>Breakfast: Turkey Sausage on a Biscuit Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Grilled Cheese on Whole Wheat Bread Steamed Broccoli Warm Cinnamon Apples 1% Milk</p>	<p>Breakfast: WG Banana Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Golden Breaded Chicken Filet on a Whole Wheat Roll Oven Baked Fries Steamed Carrots 1% Milk</p>	<p>Breakfast: WG Bagel with Cream Cheese Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Roasted Turkey & Gravy Whole Wheat Dinner Roll Mashed Potatoes Steamed Green Beans Homemade Apple Crisp 1% Milk</p>	<p>Breakfast: WG Blueberry Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Cheese Pizza Cucumber Dill Salad Chilled Applesauce 1% Milk</p>
<p>Breakfast: Zee Zee's Blueberry Lemon Bar Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Popcorn Chicken w/ a Mini Biscuit Mashed Potatoes Steamed Green Beans Fresh Fruit</p>	<p>Breakfast: Cinnamon French Toast Sticks Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Golden Fish Sticks w/a Whole Wheat Roll Baked Sweet Potato Fries Chilled Peaches 1% Milk</p>	<p>Superintendent's Conference Day</p> <p>No School For Students</p>	<p>Thanksgiving Recess</p>	<p>Thanksgiving Recess</p>
<p>Breakfast: Cinnamon UBR Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: All White Meat Chicken Nuggets w/ a Whole Wheat Dinner Roll Whipped Sweet Potatoes Chilled Applesauce Cup 1% Milk</p>	<p>Breakfast: Maple Belgian Waffle Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Pizza Kit!! WG Flatbread w/ Marinara Sauce and Mozzarella Cheese Fresh Broccoli Florets Fresh Fruit 1% Milk</p>	<p>Breakfast: WG Pumpkin Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p>Lunch: Homemade Macaroni & Cheese Steamed Broccoli Fresh Fruit 1% Milk</p>		

Meals are provided to all Pre-K Students at NO Cost!