



NECSD PK-8 IN SCHOOL OCTOBER MENU



<p>5</p> <p>Breakfast: Whole Grain Cereal Bar Applesauce 1% Milk</p> <p>Lunch: Boneless Chicken Wings w/ a WG Dinner Roll Baked Fries Fresh Apple Choice of Milk</p>	<p>6</p> <p>Breakfast: Whole Grain Blueberry Muffin 100% Juice 1% Milk</p> <p>Lunch: Grilled Cheese on Whole Wheat Bread Baked Fries Chilled Peaches Choice of Milk</p>	<p>Remote Learning Day – Meals available at our remote meal pick up locations</p>	<p>7</p>	<p>8</p> <p>Breakfast: Whole Grain Cereal Bar Applesauce 1% Milk</p> <p>Lunch: Boneless Chicken Wings w/ a WG Dinner Roll Baked Fries Fresh Apple Choice of Milk</p>	<p>9</p> <p>Breakfast: Whole Grain Blueberry Muffin 100% Juice 1% Milk</p> <p>Lunch: Grilled Cheese on Whole Wheat Bread Baked Fries Chilled Peaches Choice of Milk</p>
<p>12</p> <p>Columbus Day No School</p>	<p>13</p> <p>Breakfast: Cinnamon UBR Applesauce 1% Milk</p> <p>Lunch: Whole Grain Cheese Pizza Bagel Fresh Baby Carrots w/ Dip Chilled Pears Choice of Milk</p>		<p>14</p>	<p>15</p> <p>Breakfast: Cinnamon UBR Applesauce 1% Milk</p> <p>Lunch: BBQ Chicken & Cheese on a Whole Wheat Bun Sweet Potato Fries Fresh Fruit Choice of Milk</p>	<p>16</p> <p>Breakfast: Whole Grain Banana Bread 100% Juice 1% Milk</p> <p>Lunch: Whole Grain Cheese Pizza Bagel Fresh Baby Carrots w/ Dip Chilled Pears Choice of Milk</p>
<p>19</p> <p>Breakfast: Low Fat Yogurt w/ Nut Free Granola 100% Juice 1% Milk</p> <p>Lunch: Golden Chicken Tenders w/ a WG Dinner Roll Sweet Potato Fries Chilled Mixed Fruit Choice of Milk</p>	<p>20</p> <p>Breakfast: Whole Grain Cereal Bowl Fresh Banana 1% Milk</p> <p>Lunch: Beef & Cheese Nachos Golden Corn Fresh Fruit Choice of Milk</p>		<p>21</p>	<p>22</p> <p>Breakfast: Low Fat Yogurt w/ Nut Free Granola 100% Juice 1% Milk</p> <p>Lunch: Golden Chicken Tenders w/ a WG Dinner Roll Sweet Potato Fries Chilled Mixed Fruit Choice of Milk</p>	<p>23</p> <p>Breakfast: Whole Grain Cereal Bowl Fresh Banana 1% Milk</p> <p>Lunch: Beef & Cheese Nachos Golden Corn Fresh Fruit Choice of Milk</p>
<p>26</p> <p>Breakfast: Whole Grain Nutri-Grain Bar Applesauce 1% Milk</p> <p>Lunch: Chicken & Cheese Quesadilla Carrot Coins Fresh Fruit Choice of Milk</p>	<p>27</p> <p>Breakfast: Whole Grain Banana Muffin 100% Juice 1% Milk</p> <p>Lunch: Homemade Cheese Pizza Steamed Green Beans Chilled Peaches Choice of Milk</p>		<p>28</p>	<p>29</p> <p>Breakfast: Whole Grain Nutri-Grain Bar Applesauce 1% Milk</p> <p>Lunch: Chicken & Cheese Quesadilla Carrot Coins Fresh Fruit Choice of Milk</p>	<p>30</p> <p>Breakfast: Whole Grain Banana Muffin 100% Juice 1% Milk</p> <p>Lunch: Homemade Cheese Pizza Steamed Green Beans Chilled Peaches Choice of Milk</p>

Meal Kits are available for All Remote and Hybrid Learners + All children age 18 and under

EVERY WEDNESDAY at the following locations and times:

Gidney Ave: 11AM-1PM AND 3PM-5PM

Vails Gate: 11AM-1PM AND 3PM-5PM

South Middle School: 11AM-12PM

HOH: 3PM-4PM

Meadow Hill: 3PM-5PM

Students do not have to be present. Pick up at the most convenient site for your family