



# Contact Tracing

Addendum to NYS DOH Plan

2021



# Contact Tracing

## Addendum to Family Guidebooks for Reopening Schools

### What is Contact Tracing?

Contact tracing is the process of contacting all individuals who have had contact with someone who has tested positive for COVID-19.

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### Contact Tracing Process

The District will cooperate with all state and local health departments regarding contact tracing, isolation, and quarantine efforts. The District will assist public health departments in identifying who may have had contact at school with a confirmed case by:

- keeping accurate attendance records of students and staff members;
- ensuring student schedules are up to date;
- keeping a log of any visitors which includes date, time and where in the school they visited;
- assist local health departments in tracing all contacts of the individual at school in accordance with the protocol, training, and tools provided through the New York State Contact Tracing Program.

The District will notify the state and local health department immediately upon being informed of any positive COVID-19 diagnostic test result by faculty, staff, students, and visitors.

In the case of an individual testing positive, the District will support local health departments in tracing all contacts of the individual, in accordance with the protocols, training, and tools provided through the New York State Contact Tracing Program and local health department.

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Additionally, if an individual who was in a facility used or owned by the District for the instruction of students is discovered to have COVID-19, the District in consultation with the local health department will do the following:

- Immediately close the affected area
- Investigate all movements and interactions of students/staff over the previous week.
- Arrange for thorough cleaning and disinfection of areas affected.
- Work with the New York State Department of Health to notify all potential contacts.

The District will be utilizing a platform that will automate and streamline the contact tracing process. The system will provide a robust data dashboard for school personnel to efficiently generate reports and contact tracing heat maps to quickly identify individuals that may have come in contact with someone who has tested positive or exposed to someone with COVID-19.

The District will maintain confidentiality as required by federal and state law and regulations regarding the privacy of disclosure of COVID-19 status.



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### Contact Tracing Steps Infographic

<https://www.cdc.gov/coronavirus/2019-nCoV/daily-life-coping/contact-tracing-infographic.html>

### Contact Tracing: Do your part to keep your family, friends, and community safe.

**WHAT YOU CAN EXPECT TO HAPPEN DURING CONTACT TRACING IF YOU HAVE BEEN DIAGNOSED WITH COVID-19.**

- 1** If you have been diagnosed with COVID-19, a public health worker will call you to check on your health.

They will ask you who you've been in contact with and where you spent time while you were sick and may have spread COVID-19 to others.

Any information you share with public health workers is **CONFIDENTIAL**. This means that your personal and medical information will be kept private.
- You will also be asked to **stay at home and self-isolate**, if you are not doing so already.

Self-isolation means staying at home in a specific room away from other people and pets, and using a separate bathroom, if possible.

Self-isolation helps slow the spread of COVID-19 and can keep your family, friends, and community safe.
- Continue to monitor your health. If your symptoms worsen or become severe, you should seek medical care. Severe symptoms include trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, or bluish lips or face.

If you need support or assistance while self-isolating, the health department or a local community organization may be able to provide assistance.

[cdc.gov/COVID19](https://www.cdc.gov/COVID19)



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### CONTACT TRACING: WHAT TO EXPECT IF YOU MAY HAVE BEEN EXPOSED TO SOMEONE WITH COVID-19

- 1** If you have been in close contact with someone who has COVID-19, a public health worker will call you to inform you that you may have been exposed to COVID-19.


Any information you share with public health workers is **CONFIDENTIAL**. This means that your personal and medical information will be kept private.
- You should stay at home and self-quarantine for 14 days, starting from the last day you were possibly exposed to COVID-19.

Self-quarantine means staying home, monitoring your health, and maintaining social distancing (at least 6 feet) from others at all times.
- The public health worker can provide information about COVID-19 testing in your area.

If you need support or assistance with self-quarantine, your health department or community organizations may be able to provide assistance.
- You should take your temperature twice a day, watch for fever and other symptoms of COVID-19, and notify your health department if you develop symptoms.
- If you become ill during the 14 days of self-quarantine, you should notify the health department and seek medical care if your symptoms worsen or become severe. Emergency warning signs include trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, or bluish lips or face.

**We can all work together to help slow the spread of COVID-19.**

Do your part to keep your family and your community safe. Answer the call to slow the spread.



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### Infografía de Pasos de Rastreo de Contactos

<https://www.cdc.gov/coronavirus/2019-nCoV/daily-life-coping/contact-tracing-infographic.html>

### Rastreo de contactos: Haga su aporte para mantener a su familia, amigos y comunidad seguros.

**QUÉ PUEDE ESPERAR QUE PASE DURANTE EL RASTREO DE CONTACTOS SI LE HAN DIAGNOSTICADO COVID-19.**

- 1** Si le han diagnosticado COVID-19, un trabajador de salud pública lo llamará para saber cómo está su salud.

Le preguntarán con quien ha estado en contacto y dónde pasó tiempo mientras estaba enfermo y pudo haber propagado el COVID-19 a otras personas.

Toda información que comparte con los trabajadores de salud pública es **CONFIDENTIAL**. Esto significa que su información personal y médica no se divulgará.
- También le pedirán que se quede en casa y se autoaisle, si aún no lo está haciendo.

Autoaislarse significa quedarse en casa en una habitación específica, separado de las otras personas y las mascotas, y usar un baño aparte, si es posible.

Autoaislarse ayuda a desacelerar la propagación del COVID-19 y a mantener a su familia, amigos y comunidad seguros.
- Continúe monitoreando su salud. Si sus síntomas empeoran o se vuelven graves, debe buscar atención médica. Los síntomas graves incluyen dificultad para respirar, dolor o presión persistentes en el pecho, confusión, incapacidad para despertarse o permanecer despierto, o los labios o la cara azulados.

Si necesita apoyo o asistencia mientras se autoaisla, su departamento de salud o organizaciones comunitarias tal vez puedan brindarle ayuda.

[cdc.gov/COVID19-es](https://www.cdc.gov/COVID19-es)



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### RASTREO DE CONTACTOS: QUÉ ESPERAR SI PUDO HABER ESTADO EXPUESTO A ALGUIEN CON COVID-19

- 1** Si ha estado en contacto cercano con alguien que tiene COVID-19, un trabajador de salud pública lo llamará para informarle que pudo haber estado expuesto al COVID-19.


Toda información que comparte con los trabajadores de salud pública es **CONFIDENTIAL**. Esto significa que su información personal y médica no se divulgará.
- Debe quedarse en casa en autocuarentena por 14 días, a partir del último día en el que posiblemente estuvo expuesto al COVID-19.

Autocuentenarse significa quedarse en casa, monitorear su salud y mantener el distanciamiento social (al menos 6 pies o 2 metros) en todo momento.
- El trabajador de salud pública le dará información sobre los lugares donde hacen las pruebas del COVID-19 en su área.

Si necesita apoyo o asistencia con la autocuarentena, su departamento de salud u organizaciones comunitarias tal vez puedan brindarle ayuda.
- Debe tomarse la temperatura dos veces al día, estar atento por si tiene fiebre y otros síntomas del COVID-19, y notificar a su departamento de salud si presenta síntomas.
- Si se enferma durante los 14 días de la autocuarentena, debe notificar al departamento de salud y buscar atención médica en el caso de que sus síntomas empeoren o se vuelvan graves. Los signos de advertencia de una emergencia incluyen dificultad para respirar, dolor o presión persistentes en el pecho, confusión, incapacidad para despertarse o permanecer despierto, o los labios o la cara azulados.

**Todos podemos colaborar para ayudar a desacelerar la propagación del COVID-19.**

Haga su aporte para mantener a su familia y comunidad seguros: Responda la llamada para desacelerar la propagación.



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